

2013 - 2014 PRIVATE Swimming Lessons

Indoor Pool, Building 1507

\$65.00 per student
includes four 30 minutes lessons

- Available for ages 4 & up (to include adults).
- Enjoy fun, personalized, one-on-one swimming and technique coaching with an experienced instructor.
- Lessons are scheduled at your convenience with the instructor during the times listed below.
- For all skill levels from beginning to advanced.
- **Free lessons for Active Duty Soldiers.**

Monday - Friday

0600-1000

1130-1300

1500-1900

Saturday & Sunday

0900-1500

Register at the front desk of Odom Fitness Center, Building 1507.



For more information, call **301-619-2498.**

www.detrick.army.mil/mwr

IMCP LOE 2: Soldier, Family and Civilian Well-being

"If you catch my staff doing something nice let me know through ICE" - Director Family and MWR

